

# NOTRE DAME ATHLETICS

## **Spring Sports 2021-2022 School Year:**

The Spring Sports season is scheduled to begin on **Monday, March 7, 2022**. A sports physical form (CIPPE Form) or a recertification form (Sections 8 and/or 9) must be completed before your child can participate. The following Spring Sports are: Baseball, Softball (including JH), Boys Tennis, Track and Field, and Boys and Girls Lacrosse (at Moravian Academy). **Please note - if the athlete does not have all required documentation submitted, they will not be permitted to tryout/begin practice!!!**

Once again, the Athletic Department is utilizing [PlanetHS.com](https://planeths.com) to allow parents and athletes to access and manage all required forms and paperwork. All required paperwork can be accessed through your online portal. Additionally, **there will be NO in-person collecting/handing in of any forms this year. ALL forms must be completed/uploaded and submitted online through your PlanetHS account. If you do not have a PlanetHS account, under the 'Athletics' tab on our Notre Dame webpage there are tutorials on how to set up an account. If you already have an account from last year, simply login and update your information to the current school year. Then, follow the instructions in red below.**

Once you have completed PlanetHS account set-up, to access the forms, select the "Athletic Forms" tab, then click on the link "Example forms, click here"

## **\*\*IF ATHLETE PLAYED A FALL/WINTER SPORT THIS IS WHAT IS NEEDED TO BE COMPLETED AND UPLOADED:**

- Section 8: Recertification by Parent/Guardian **(Fall/Winter) AND/OR**
- Section 9: Recertification by Licensed Physician of Medicine or Osteopathic Medicine **(NEEDED ONLY IF ATHLETE SAW A DOCTOR FOR ANY INJURY DURING FALL/Winter SEASON)**

## **\*\*IF ATHLETE DID NOT PLAY A FALL/WINTER SPORT, THIS IS WHAT IS NEEDED TO BE COMPLETED, UPLOADED AND/OR ENTERED:**

- PIAA CIPPE Forms: Sections 1 through 7
- Permission to Treat Form
- Athletic Code Acknowledgment Form
- Medical Card

**Any physical exam performed after June 1, 2021, is acceptable. However, the only acceptable documentation of this exam must be on the PIAA CIPPE Physical Exam Form (Section 7).**

Please adhere to the above instructions. If there are any questions, please contact Ms. Amy Rogers, Athletic Director at [athletics@ndcrusaders.org](mailto:athletics@ndcrusaders.org) or 610-868-1431 ext. 1118.