

NOTRE DAME ATHLETICS

Winter Sports 2021-2022 School Year:

The Winter Sports season is scheduled to begin on **Friday, November 19, 2021**. A sports physical form (CIPPE Form) or a recertification form (Sections 8 and/or 9) must be completed before your child can participate. The following Winter Sports are: Basketball (boys and girls), Cheerleading, Wrestling (including JH), and Swimming. **Please note - if the athlete does not have all required documentation submitted, they will not be permitted to tryout!!!**

Once again, the Athletic Department is utilizing [PlanetHS.com](https://planeths.com) to allow parents and athletes to access and manage all required forms and paperwork. All required paperwork can be accessed through your online portal. Additionally, **there will be NO in-person collecting/handing in of any forms this year. ALL forms must be completed/uploaded and submitted online through your PlanetHS account. If you do not have a PlanetHS account, under the 'Athletics' tab on our Notre Dame webpage there are tutorials on how to set up an account. If you already have an account from last year, simply login and update your information to the current school year. Then, follow the instructions in red below.**

Once you have completed PlanetHS account set-up, to access the forms, select the "Athletic Forms" tab, then click on the link "Example forms, click here"

****IF ATHLETE PLAYED A FALL SPORT THIS IS WHAT IS NEEDED TO BE COMPLETED:**

- Section 8: Recertification by Parent/Guardian (**Winter**) **AND/OR**
- Section 9: Recertification by Licensed Physician of Medicine or Osteopathic Medicine (**NEEDED ONLY IF ATHLETE SAW A DOCTOR FOR ANY INJURY DURING FALL SEASON**)

****IF ATHLETE DID NOT PLAY A FALL SPORT, THIS IS WHAT IS NEEDED TO BE COMPLETED AND UPLOADED: ALL Forms listed**

- PIAA CIPPE Form: Sections 1 through 7
- Permission to Treat Form
- Athletic Code Acknowledgment Form
- Medical Card

Any physical exam performed after June 1, 2021, is acceptable. However, the only acceptable documentation of this exam must be on the PIAA Physical Exam Form (Section 7).

Please adhere to the above instructions. If there are any questions, please contact Ms. Amy Rogers, Athletic Director at athletics@ndcrusaders.org or 610-868-1431 ext. 1118.