



The Crusader

A STUDENT PUBLICATION OF NOTRE DAME HIGH SCHOOL



Volume 28, Issue 1

Fall 2021

Welcome Back to School! Excited Crusaders Return to In-Person Learning

Editor Rosetta Shupe

On September 1, 2021, Notre Dame was thrilled to be able to open its doors once again to every student for a five-day in-person learning experience. "I love it so much; it warms my heart. The reason is because previously there was no energy and the reason we are here are you guys," Mrs. Hodgskin said in response to being asked how she felt at seeing all the students back in the building. The hallways were filled with students happy to see each other once again, helping each other open lockers, and finding their classrooms.

On Monday, August 30, Notre Dame welcomed 111 Freshmen into the building. Then on Tuesday, Freshmen and Sophomores were able to go back to in-person learning. When asked what her favorite part about being back in school was, Mrs. Friel answered, "More than anything, I love having all the students back and seeing them in the hall laughing and talking."



Upperclassmen walk into school on the first day.

Notre Dame has also enhanced the curriculum with each student receiving their own chromebook. This one-to-one design allows students to complete online assignments as well as conduct research in the classroom; this update also has enabled Notre Dame to transition into a more modern facility.



From top left: Sophomore Sandra Atileh gives a thumbs up! Mrs. Friel welcomes freshman and transfer students. Mr. Wakeman begins physics class with a smile. Student council members are excited to be back in school!

Celebrating Mass as an Entire Student Body

Editor Rosetta Shupe interviews Fr. Kravitz

Q: What was it like celebrating the first Mass of the year with everyone in the gym?

A: It was a little surreal, just because last year everything was distorted with having Mass with a quarter of the school. It was amazing!"



Q: How hard was it to plan Masses last year?

A: "Very difficult, just with the different schedules and the different ways we had to do Mass."

Q: How often will Mass be offered?

A: "Twice a month as a whole school but then every other day I'm here. Pretty much if we don't have a Mass scheduled they are offered during crusader time, after school, or in one of the theology classes."

Homecoming 2021

Editor Rosetta Shupe

After two years, Notre Dame students were thrilled to be able to celebrate both the Homecoming football game and the Homecoming dance. At the game, Notre Dame was victorious against Palisades with a final score of 24-14. During halftime, the 2021 Homecoming Queen was announced. Then on Sunday, the 17th, the homecoming dance was held outside. Each member of the Homecoming Court celebrated the event with their own personalized entrance. During the dance, this year's Homecoming King was announced. All students in attendance enjoyed spending time dancing and laughing with friends under a large tent set up in front of the school.

Continued on Page 2



Student Philanthropists

Notre Dame students give back to those in need!

See page 5



Breaking Ground

Looking forward to the new auditorium!

See page 6



Who's Got School Spirit?

Editor Rosetta Shupe

On Friday October 8th, the whole school made their way down to the football field for the first pep rally of the year. Instead of it being inside the gym like in previous years, the pep rally was held outside on the football field. Each grade made their way down to the bleachers, and when the Freshmen came, each grade erupted in the traditional "Stomp on Freshmen!" chant.

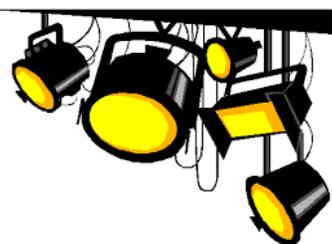
gave a riveting speech boosting the morale of the crowd, followed by Coach Stambaulgh. After his talk, Coach called down to the football captains who spoke to the student body. Senior Nadir Sanders, even taught the school has a sequence of claps that the football team does before each game. The energy in the student section and even the stadium at the game later that night helped keep Notre Dame's spirit up even after a tough loss.

After a stunning performance by the Notre Dame cheerleaders, Mrs. Rodgers

We do!



Spotlight:



The Crusader Editors

Rosetta Shupe



Grade: 11th

Activities: Track, Cheerleading, Campus Ministry, Key Club, Peer Listeners, Student Council, Crusaders for Life, & Yearbook.

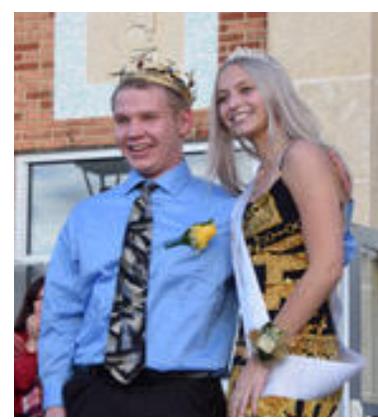
Fun Fact: Rose doesn't like pizza!

Superlative: "All our dreams can come true if we have the courage to pursue them." Walt Disney

Homecoming Court 2021

Editor Rosetta Shupe

Each year, 10 girls and 10 boys are nominated by the senior class to be on the homecoming court. During the week of October 11th, the entire student body voted for this year's king and queen.



Homecoming Court
The King & Queen

At the homecoming football game, Ava McFarland was chosen as the homecoming queen. Then, on Sunday evening while student body enjoyed the homecoming dance, Liam Skopal was chosen as this year's homecoming king.

Congratulations to this year's homecoming court and the 2021 King and Queen!

Michael Hodgskin



Grade: 11th

Activities: Track, Fit Club, Student Council, Key Club, SADD, Peer Listeners, Campus Ministry, and Sacrastin/Altar Server.

Fun Fact: Michael's mom works in NDHS Campus Ministry!

Superlative: "Yesterday is history, tomorrow is a mystery, but today is a gift, that's why it is called the present." Kung Fu Panda



The Freshman's Guide to Teachers

Editor Michael Hodgskin

Some freshmen teachers are hard to get the hang of; here are some of the best pieces of advice from upperclassmen and the teachers themselves to help make your year easier.

Mr. Fenton
(Social Studies)

"SIT DOWN AND LEARN."



Mr. Steinruck
(Theology)

"JUST ASK QUESTIONS."

Mrs. Vaca
(English)

"DON'T PROCRASTINATE."



Mr. Wakeman
(Science)

"GET READY TO START TO THINK."

ATTENTION CRUSADER COMMUNITY!

KEEP AN EYE ON THE LOCAL PAPER, THE BEHTLEHEM PRESS! THEY WILL BE RUNNING STUDENT SPOTLIGHTS ON SEVERAL OF OUR OUTSTANDING ND SENIORS! ALSO, OUR OWN EDITOR, MICHAEL HODGSKIN, WILL BE FEATURED AS A WRITER FOR THE NEWSPAPER. HIS FIRST ARTICLE "IT'S A GREAT DAY TO BE A CRUSADER" WAS PRINTED IN THE OCTOBER 27TH EDITION!

The Ins and Outs of Yonder

Michael Hodgskin
Editor

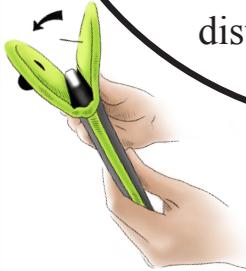


Pros

- It keeps you focused in class.
- Encourages social interaction and helps you make friends.
- It prevents distraction.

Cons

- You cannot check your social media.
- Your parents cannot directly contact you.
- You may experience screen withdraw.



What to Wear?

Editor Michael Hodgskin

Being back at school brings a whole lot of fun, but getting the dress code right may be difficult. Here's a list of the proper dress uniforms...

LADIES

During the Spring and the Fall, girls are permitted to wear a plaid or light blue skirt with the same navy blue polo/long sleeve shirt as the boys. The light blue and white button down shirt is also an optional choice throughout the year; however, starting November 1st and ending April 1st, the plaid skirt becomes mandatory with navy



Seniors Grace Perna, Alessia Smith, and Lily Pierson model the girl's dress code options.

GENTLEMEN

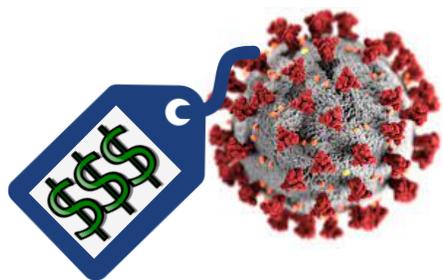
Boys must wear long tan or grey khakis, and a navy blue polo T-shirt or long-sleeve shirt with a white undershirt underneath.



Dark socks and nice shoes should be selected - no sneakers. As for the winter, gentlemen may wear a Notre Dame sweater if it gets cold, but never a sweatshirt.

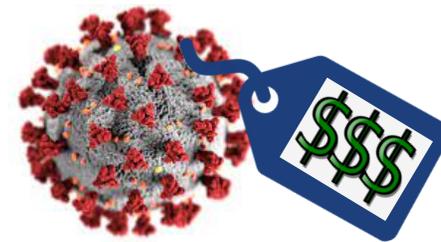
Another option would be to pair a white or light blue button down shirt with a navy blue sweater and a fashionable tie. Boys must also remain clean-shaven - even while wearing a mask.

Seniors Collin Quintano and Cooper Balut model the boy's dress code options.

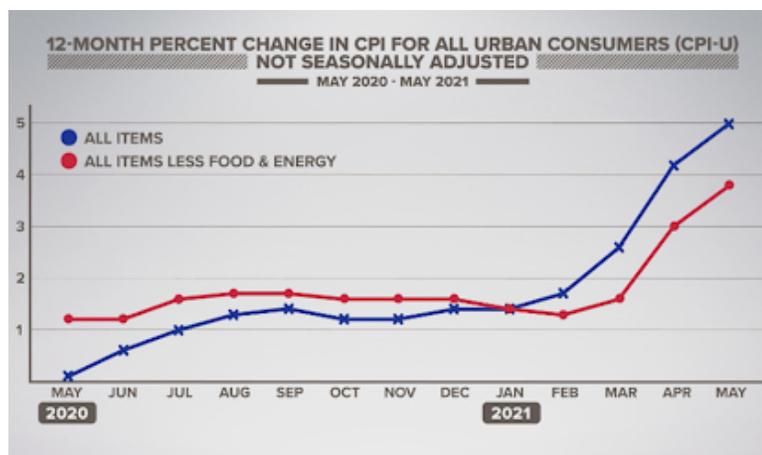


INFECTIOUS PRICES

Is COVID 19 the cause of U.S. inflation?



Miss Ketner's 1A Current Events Class



No one likes inflation. But what even is inflation? Inflation is the rate of increased prices over a period of time. This is a broad definition because inflation usually refers to a general increase in prices and cost of living in a country; however, some examples used to measure inflation are rising wages, gas prices, groceries, and shortages. From May 2020 to May 2021, inflation is up 5% which is the greatest jump from the 2008 recession. On average, our inflation rate is 2%, but the pandemic has changed that significantly. Inflation has been caused by the pandemic; there are several jobs paying higher wages but no one wants to work. Businesses are struggling to keep up with these new wages and how they cope with these wages is by having to raise prices.

Fueling Inflation

Gas Prices in the United States have seen a heavy increase in price throughout the pandemic. It is at an all time high in the last eight years and has risen almost a dollar since fall 2020. The country has seen our gas prices go from a national average of \$2.17 to now not seeing any gas prices under \$3.15.

What is causing the prices at the pump to rise so exponentially?

There are many contributing factors that have made an impact but the two key reasons are the loosening of restrictions for the Covid-19 Pandemic as well as the most recent presidential election. A rapid recovery from Covid has caused a high demand for crude oil.

This demand exceeded the expectations of experts on the subject which then led to the major price increase. "Those shutdowns had negatively impacted a couple of million barrels of U.S. oil supplies, and those supplies were slow to bounce back once the economy opened back up. That's why we have soaring oil and gasoline prices." Overall, the price of gasoline could continue to rise and break your bank.

Why Food?

"The White House has said inflation is on the rise and here to stay," says NBC. The price of groceries and necessary items is on the rise due to Covid-19. According to the Washington Post, "These prices are passed on to consumers: Meat, poultry, fish and eggs are up 5.9 percent over last year, and up 15.7 percent from prices in August 2019, before the pandemic." Since then, these outrageous prices have been climbing.

Before the Pandemic, groceries might have come in on a truck or a train. But, now due to the global supply chain, which is vastly distorted, food could be coming in on a plane and that extra price is coming out of the consumer's pocket. "We are being disciplined in working with suppliers to manage these increases, and are passing along the higher cost to the customer when it makes sense to do so.

While difficult to predict with precision, as we shared last quarter, we believe inflation for the full year will be higher than originally contemplated in our 2021 business plan." says Chief Financial Officer Gary Millerchip when asked by "Eat This Online." In the coming years, grocers will try to lower prices but that does not seem to be a reality in the foreseeable future.

Materials at an All-Time High

Why are building materials so expensive now and still rising?

With the recent boom in the housing market, people have been selling, buying, and building houses like crazy. Since the houses are selling for high prices, the materials are going to go up as well. There is also the fact that construction firms bid on projects that are many years out; the rising costs will have to be built-in to future projects. As the cost of current and future projects rise, the cost to the developer rises. As the cost to the developer rises, the costs to the consumer rise. As the costs to the consumer rises, spending slows.

"The level of construction activity has a direct influence on labor and material demand and margins and therefore on construction inflation. Nonresidential buildings inflation, after hitting 5% in both 2018 and 2019, is forecast for the next three years to fall from 4.4% to 3.8%, lower than the 4.5% average for the last 4 years. Residential construction inflation in 2019 was only 3.6%. However, the average inflation for six years from 2013 to 2018 was 5.5%. It peaked at 8% in 2013 but dropped to 4.3% in 2018 and only 3.6% in 2019. Forecast residential inflation for the next three years is level at 3.8%."

Continued on Page 5



Shortages

Supply shortages are a big contributor to the historic inflation we are experiencing.

From food to cars, everything seems to be in short supply. Covid has played a huge role in this because of the delays it has brought. Cars are hard to come by due to the lack of computer chips developed during the pandemic and still are to this day. Many employees have chosen not to work and collect unemployment, which leads restaurants specifically to have a shortage of workers.

As we see today, many restaurants have a lack of help causing restaurants to close early, shut down ordering online, and an overall shortage of hands-on people to keep the restaurant open. Fast food restaurants like Taco Bell, Chick-fil-a, and KFC are all experiencing shortages as well as several others.

Shipping delays are seen today due to the lack of employees they have, they are not able to get packages together quick enough to ship out, that's why many times packages come later than expected. Truck drivers are not able to pick up their supplies on time due to the U.S. ports not receiving those materials as planned.



What is this doing to our consumer economy?

Inflation affects all aspects of the economy, from consumer spending, business investment and employment rates to government programs, tax policies, and interest rates. Understanding inflation is crucial to investing because inflation can reduce the value of investment returns. Inflation means you need to pay more for the same goods and services.

Elevated prices of goods hit hardest those consumers who have not received salary increases over time. In effect, people have to constantly get a raise to keep up with the prices of goods. When there is inflation in the country, the purchasing power of the people decreases as the prices of commodities and services are high. When the rate of inflation is high, the cost of living also increases, which leads to a deceleration in economic growth.

Notre Dame *ALWAYS* Gives Back: Behind the Uniforms

Grace Mansfield

“Remember this: Whoever sows sparingly will also reap sparingly, and whoever sows generously will also reap generously. Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver”- 2 Corinthians 9: 6-8.



Over the course of every year and every day, Notre Dame High School chooses to give back to our community. Giving back to the people ensures a sense of dignity, responsibility, and gratitude in our school. We have held multiple fundraisers over the recent weeks to raise money for others.

S.A.D.D, Students Against Destructive Decisions, held an October Pink Out Dress Down Day and we raised \$392 for the American Cancer Society of Bethlehem. Our Lady Crusader Soccer Team sponsored a Gold and Purple Dress Down Day, raising \$475 for the Angel 34 Foundation, an amazing organization that cares for children with cancer. The Lady Crusader Volleyball Team also held a "Dig Pink CYO Night," all proceeds were donated. Our Key Club held two fundraisers: a donut fundraiser where they raised \$170 for the Alzheimer Association and the students involved also participated in

an Alzheimer's Walk at SteelStacks making another \$900 for the Alzheimer Organization. Lastly, a Red, White, and Blue Dress Down Day on September 11th, honoring all our fallen heroes brought in \$550 for local first responders.

In all, Notre Dame has already raised \$2,487 for our community!

Putting into action all these fundraisers only makes Notre Dame and our school family community stronger. We are uniting for a common goal - to help people in any way we can.

This fills our life and our hearts with a purpose and helps us to imitate God and His Son in living a life of gratitude.





The Crusader

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 to Mr. Steinruch, Mrs. Kopp,
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 pictures for this edition of
 The Crusader!*

Breaking Ground!

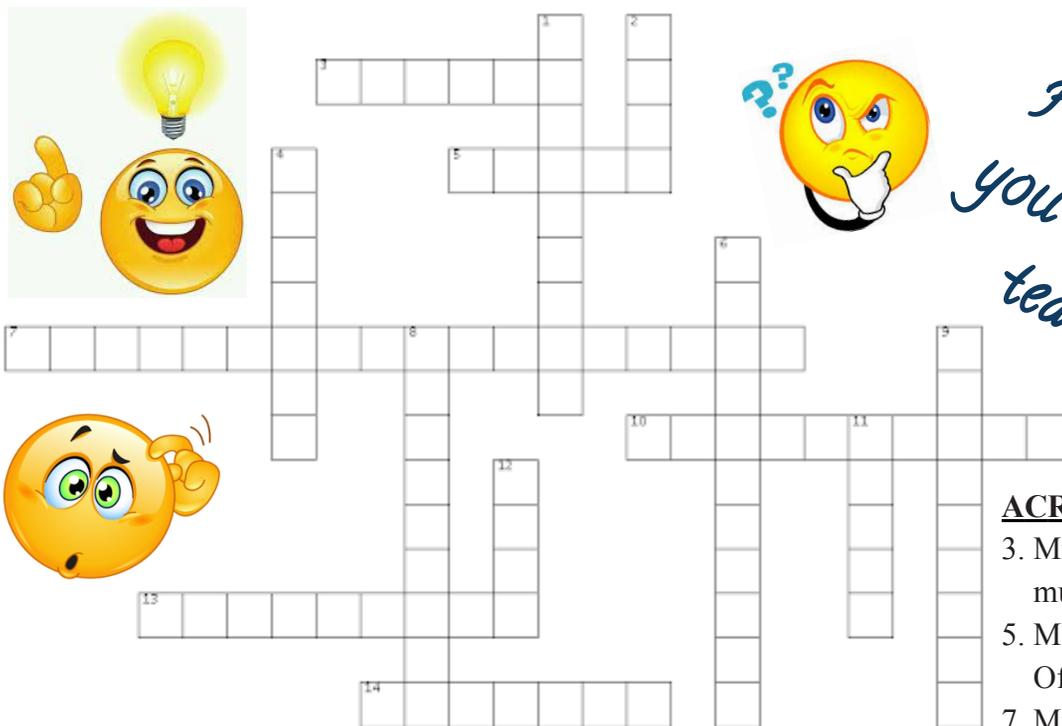
Editor Michael Hodgskin

For the first time, we are adding on to the original building we would call Notre Dame high school. From now on, school plays, band performances, concerts, and even mass will all be held in the new auditorium. We won't have to worry about uncomfortably cramming all four-hundred and eighty students into the gym for a monthly mass, or honor society inductions. Now, with the addition of Notre Dame's Auditorium, we will finally be able to accommodate the walls of the new building comfortably.

We thank all who have donated so generously to aid us in the buliding of this amazing addition to our school, especially the class of 1970 who recently made an extraordinarily large donation! Thank you!



Crossword Puzzle - ND Teachers - Fun Facts



*How well do
 you know your
 teachers?*

ACROSS

3. Mr. Shimkus's favorite musical group.
5. Miss Brennan's favorite Office character.
7. Mrs. Vaca's favorite book.
10. Miss Ketner's favorite Disney character.
13. Mr. L.'s favorite artist.
14. Mr. Cortez lived here, his favorite European country.

DOWN

1. Mr. Steinruch's favorite superhero.
2. Coach Stanbaugh's favorite vegetable.
4. Mr. Feidler's favorite movie.
6. Mr. Regnet was in this division of the U.S. military.
8. Mrs. Farrell's favorite sweet treat.
9. Mrs. Fenton has been an ND faculty member for ___ years.
11. Mr. Fenton was a wrestler who also played this sport in college.
12. Mrs. Kopp graduated from ND in 199 ___.

Answers on page 8



Notre Dame Theatre Company 2021-2022 Season

Miracle
on 34th Street
November 19 & 20

Disney
BEAUTY AND THE BEAST
MUSIC BY ALAN MENKEN LYRICS BY HOWARD ASHMAN and TIM RICE BOOK BY LINDA WOLVERTON
APRIL 8, 9 & 10

For commercial opportunities & ticketing info:
notredametheatrecompany@ndcrusaders.org or 610-868-1431 x1016
Notre Dame High School | 3417 Church Rd. Easton, PA 18045 | ndcrusaders.org

Do you like to write? *Do you have an idea for an article?*

Interested in Being a Guest Writer for *The Crusader*?
See Mrs. Klabunde in Room 207!

Student Perspective - NDHS Lady's Soccer

Rachel Green, Emma Soergel, and Emma Zambo

The Notre Dame Green Pond Girls Soccer team is an exceptional and positive environment for high school girls. The players are constantly supporting each other throughout the season, during both practices and games. We have determined that in order for us to succeed, we need to bring positive energy to the field. We cheer each other on and pick each other up, even when our games can become challenging at times. One of the hardest parts about playing a sport is trusting one another. We need to trust each other and our abilities through each moment of every game. We have certain pre-game rituals that we do before every game. Before each match and warm

As we warm up for each game, we play music to get us hyped up and ready to compete. We like to have lots of energy in order to get into the right mindset in order to play with intention and purpose. We have fun together, but once we step onto the field for the kickoff, we are focused on the game. We play our hardest for 80 minutes, as the crowd cheers us on. If the outcome of the game is not what we hoped for, we discuss the things we need to work on, and play harder next game. If the game does go how we hoped, we celebrate like no other team. Our motto is we win as a team, and lose as a team. Notre Dame Girls Soccer is a family, both on and off the field.

up, our coach, Martin Brett, says a prayer to thank God for allowing us to be here playing soccer.

Right before we start the game, we also say our own prayer as a team.



STUDENT PERSPECTIVE - BEING A PART OF THE ND FOOTBALL TEAM

Jaden Becker and Collin Quintano

Being a member of the Notre Dame football team is bigger than it sounds. We, as players, have numerous responsibilities that accompany the memories that we make with our best friends - those we are lucky to call teammates.

The biggest responsibility of a student athlete is and always will be school.

All players must make the classroom their first priority - football comes second. Being a football player is bigger than being the most popular student in the school or taking academics lightly. We also have to be great role models for those looking up to us and ensure we are representing the school in a positive way - making right decisions on and off the field.



Although there are many responsibilities that accompany the role of a Notre Dame football player, we enjoy every second we have. Even though our field might not be the most impressive or have the biggest bleachers, we cherish every moment spent there, like it's our last. Even though a number of us don't live in the same area or have known each other very long, we have built an unbreakable bond. Our coaches refer to our team as a "brotherhood." We agree one hundred percent with that statement. Every single one of us has developed a strong relationship with each other that is sure to last a lifetime.

Throughout the season, a great deal of time and effort is given consistently by each and every player. As a team, we meet every day after school in the learning commons; believe us, if you're late, you'll have quite a consequence! Coach Phil treats his team and



Football Player Perspective

Continued from Page 7

his players as if we are a college team, not taking anything lightly. During our team meetings, Coach Phil shows us film of our opponents so we can get his and the other coaches' thoughts, gaining insight into the style and skills of our upcoming opponents. Afterwards, they enjoy hearing the players' thoughts and evaluations. Usually the coach calls on seniors, but many times he will call on underclassmen to ensure they are paying close attention. That right there, the meetings in which we get to talk and discuss everyday, separates us from the rest. We are the only team, in my eyes, that sits down every day with every player and coaching staff member and talks. This brings us closer together, truly making us a family.

After our team meetings, we head down to the annex to prepare for practice. On Mondays and Tuesdays, we have a personal trainer by the name of Coach Graham who comes and pushes us to the max. Coach Graham is one of the best trainers in the country and makes sure we are getting stronger, running faster, and most importantly remaining healthy. One of the biggest hurdles of being an athlete in any sport is recovery. All athletes must ensure that they are healthy in order to perform at their highest level everyday. Practicing, lifting, and having team meetings truly brings us together as a whole, making sure every player is on the same page 24/7.

Lastly, let's highlight the intense atmosphere of Friday nights. First off, we believe the student section needs to receive a standing ovation! Without their continued tireless support, our games would not be as energetic. Every single one of our student supporters brings the energy that is needed for Friday night lights and it shows, having an immense impact on us, the players.

We extend a heartfelt "Thanks!" to every single one of you that comes out and supports us!

Crossword Puzzle Answers

- | | |
|---|---|
| <p>Down:</p> <p>1. Wolverine
2. Corn
4. Gattaca
6. Marine Corps
8. Chocolate
9. Twenty-Nine
11. Rugby
12. 1999</p> | <p>Across:</p> <p>1. The Who
5. Kevin
7. To Kill a
Mockingbird
10. Tinkerbell
13. Jimmy Page
14. Germany</p> |
|---|---|



A Fall Season of Epic Accomplishments!



Congratulations to Senior Ben Ortwein! He earned the title of 2021 Colonial League Golf Champion and finished 3rd in the District XI Golf Championship!



The Girls Cross Country Team came in first place in the annual McQuaid Invitational! Way to go, girls!



Junior Veronica Lynn and Senior Kieran Lencheski (with Coach DeAngelo) proudly wear the bronze medals won in the Colonial League Girl's Tennis Tournament! Kieran was also awarded the Colonial League Sportsmanship Award! Congratulations, Ladies!

CONGRATULATIONS TO ALL OUR STUDENT ATHLETES!

We are SO PROUD of all you have accomplished this season!

Crusaders In Action!



Crusaders give their all on the field, green, court, and course!

