

NOTRE DAME ATHLETICS

Winter Sports 2020-2021 School Year:

The Winter Sports season is scheduled to begin on **Friday, November 20, 2020**. A sports physical form (CIPPE Form) or a recertification form (Sections 7 and/or 8) must be completed before your child can participate. The following Winter Sports are: Boys and Girls Basketball, Wrestling (including JH), Cheerleading and Swimming/Diving. **Please note - if the athlete does not have all required documentation submitted, they will not be permitted to tryout!!!**

This year, the Athletic Department is utilizing [PlanetHS.com](https://planeths.com) to allow parents and athletes to access and manage all required forms and paperwork. All required paperwork can be accessed through your online portal. Additionally, **there will be NO in-person collecting/handing in of any forms this year. ALL forms must be uploaded and submitted online through your PlanetHS account. If you do not have a PlanetHS account, under the 'Athletics' tab on our Notre Dame webpage there are tutorials on how to set up an account.**

Once you have completed PlanetHS account set-up, to access the forms, select the "Athletic Forms" tab, then click on the link "Example forms, click here"

****IF ATHLETE PLAYED A FALL SPORT (soccer, volleyball, tennis, cross country, golf, football, field hockey), THIS IS WHAT IS NEEDED TO BE COMPLETED AND UPLOADED:**

- Section 7: Re-Certification by Parent/Guardian (Winter)
- Section 8: Re-Certification by Licensed Physician of Medicine or Osteopathic Medicine (NEEDED ONLY IF ATHLETE SAW A DOCTOR FOR ANY INJURY DURING FALL SEASON)
- Section 10: PIAA Supplemental Acknowledgement, Waiver and Release: COVID 19

****IF ATHLETE DID NOT PLAY A FALL SPORT, THIS IS WHAT IS NEEDED TO BE COMPLETED AND UPLOADED:**

- PIAA Personal & Emergency Information (Section 1)
- PIAA Certification of Parent/Guardian (Section 2)
- PIAA Concussion Form (Section 3)
- PIAA Cardiac Awareness Form (Section 4)
- PIAA Pre-Participation History Form (Section 5)
- PIAA Physical Exam Form (Section 6)
- Section 10: PIAA Supplemental Acknowledgement, Waiver and Release: COVID 19
- Permission to Treat Form
- Athletic Code Acknowledgment Form
- Medical Card

Any physical exam performed after June 1, 2020, is acceptable. However, the only acceptable documentation of this exam must be on the PIAA Physical Exam Form (Section 6).

Please adhere to the above instructions. If there are any questions, please contact Ms. Amy Rogers, Athletic Director at athletics@ndcrusaders.org or 610-868-1431 ext. 1118.