

2020 - 2021

HEALTHY  
MEALS



# Notre Dame Catholic High School

## Lunch

<b>Student Lunch</b>	\$4.00	<b>Adult Lunch</b>	\$4.00
<b>Entrée Only</b>	\$3.00		

## Beverages

<b>Turkey Hill</b>	\$1.50	<b>Snapple</b>	\$2.00
<b>Stewart's</b>	\$2.00	<b>Powerade</b>	\$2.00
<b>Bottled Water</b> 8 oz./16 oz.	\$0.75/\$1.50	<b>Soda Can</b>	\$1.25

## A-la-Carte Snacks

<b>Fresh or Chilled Fruit</b>	\$0.75	<b>Pizza Slice</b>	\$2.75
<b>Muffin</b>	\$1.50	<b>Baked Chips</b>	\$1.00
<b>Vegetable or Fruit Side</b>	\$0.75	<b>Pudding Parfait</b>	\$1.50
<b>Small Side Salad</b>	\$2.50	<b>Fresh Baked Cookie</b>	\$1.00/
<b>Hot Dog</b>	\$1.50	<b>Ice Cream</b>	\$2.00
<b>Stuffed Pretzel</b>	\$1.25	<b>Rice Krispie Treat</b>	\$1.00
<b>Yogurt Parfait</b>	\$2.50	<b>Nachos with Cheese</b>	\$1.75



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### QUESTIONS OR COMMENTS?

Please call us at (973) 598-0005 to speak to one of Maschios' registered dietitians.

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*healthy kids!*