## NOTRE DAME HIGH SCHOOL ATHLETICS DEPARTMENT COVID-19 RETURN TO SPORT PROCEDURES

Parents/Guardians/Coaches/Athletes,

Notre Dame is making every attempt and adjustment necessary to provide the safest measures on campus, while allowing our sports activities to resume. The following is the procedures that must take place in order to ensure these safety measures are met.

## 1. Arrival on Campus:

**Football/Cross Country:** When arriving on campus, please park in the GRASS LOT near the stadium. DO NOT park anywhere else (i.e. the driveway or the school lot in the front)

**Volleyball**: When arriving on campus, please park in the back lot (faculty) behind the gym.

**Boys & Girls Soccer/Tennis/Cheering:** When arriving on campus, please park in the SCHOOL LOT in front of the main entrance to the building.

Ensuring that we park in the designated areas will keep the number of people in one location to a minimum.

- 2. After arrival, please have a mask on at ANYTIME that you are not participating in practices/ conditioning. If you do not have a mask, you will be asked to leave campus. All coaches and medical staff will wear masks while on campus.
- 3. Please proceed to the REAR/OUTDOOR entrance of the athletic training room. **PLEASE** have your SIGNED WAIVER FORM ON DAY 1-you WILL NOT be able to participate without this. Also, have your PERSONALIZED water bottle with you; if you do not have this, you will not be permitted to participate as team water is not permitted at this time. \*\*Social distancing will be enforced while waiting to be screened\*\*
- 4. You will review pre-screening questions, sign and initial a check in sheet and have your temperature taking via infrared thermometer. \*\*If an athlete or coach has a high temperature, that individual will be immediately quarantined, and a parent/guardian will be asked to return promptly to pick up the individual.\*\*
- 5. After the pre-screening questions are answered and temperature is taken, the athlete/coach will receive a wrist band for the day.
- 6. Coaches/Athletes will then travel directly to their designated practice area.

If you are exhibiting <u>ANY</u> symptoms or signs of <u>ILLNESS</u>, you <u>MUST</u> stay home. If you are even questioning whether or not you should attend, **PLEASE**, **STAY HOME**.

There are absolutely NO exceptions to any of the above. In order to be able to return to sport, these are the necessary steps that we must follow. Thank you for your cooperation.