

## How to Register Medication(s):

- Medications will be collected on Saturday, February 15, 2020 between 8:00 – 8:45 am in the First Aid Room.
- Place the medication in a Zip Lock bag and label in the format below.
- First Aid staff **will not** be administering medication but storing, accounting, and assisting Dancer with their medications.

## INFORMATION REQUIRED ON THE LABEL

- ❖ Name
  - ❖ Parent's Contact information
  - ❖ Dancer team color
  - ❖ Name of the medication
  - ❖ **WHAT TIME OF DAY IT NEEDS TO BE TAKEN – AM OR PM**
  - ❖ If the medication needs to be refrigerated, they should be labeled as such.
  - ❖ How frequently the medication needs to be taken must be on the label. For example, if you take something every 12 hours, please label it as such.
  - ❖ "As needed" medications should be labeled as such.
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- Inhalers and eye drops should be placed in a bag with the dates and times of the doses written on the label. Dancers are advised to not wear watches, so it is important that the labels are filled out correctly so that you can receive your medication on time.
  - After the last dosage is taken at THON, the dancer will receive his or her medication to take to their bag in dancer storage and put their medications away.