



Dancer's Survival Guide

Dancers PLEASE BE HERE NO LATER THAN 8:30 am!!!!

Parents we need you here at 8:45 am for the kickoff!!!

Parents, please be sure to bring your morale boxes and other items to ND. We are counting on everyone to do their share so that we can take care of the dancers during our MiniTHON.

If you are dropping off a morale box, please bring it to room 108 at 8:30 am

Students will be assigned room numbers with their Captains and Moderator. These will be posted sometime in February prior to the beginning of the ND MiniTHON

All participants will be assigned a color – which will indicate the team that they are on for ND MiniTHON

Please be sure to bring the following items:

- Medication needs to be checked in with Mr. Kitchell prior to kickoff. Be sure to use the correct form when handing in the medication
- Donations (in envelope – DONATIONS MAY STILL BE MADE UNTIL SUNDAY MORNING WHEN WE CLOSE THE DANCE ☺)
- Two pair of sneakers (no one can walk around in flip-flops, sandals, boots, etc.)
 - Multiple pair of socks
 - Sweatshirts/pants/shorts/t-shirts
 - Toothbrush/toothpaste/deodorant/soap
 - Contact lens cases/solutions
 - Tennis balls (to be used on your feet)

NO ENERGY DRINKS!

*I could never thank you enough for making this sacrifice.
You will not regret this decision.*

TOGETHER WE CAN MAKE A DIFFERENCE!