**NOTRE DAME ATHLETICS**

**Winter Sports 2019-2020 School Year**

The Winter Sports season begins on **Monday, November 18, 2019.**  A sports physical form (CIPPE Form) or a recertification form (Sections 7 and/or 8) must be completed before your child can participate. The following Winter Sports are: Boys and Girls Basketball, Wrestling (including JH), Cheerleading and Swimming/Diving. Paperwork collection will be after school on Tuesday, November 12, 2019 in the Athletic Office.

**Recertification Required:**If your child had a sports physical earlier this school year for a Fall sport, parents and students need to complete the **PIAA CIPPE Section 7 and/or Section 8 form**. Section 8 is only required if there are any “YES” answers in the supplemental health section of the Section 7 form.

PIAA has made it clear that if your child has had a sports physical with your own doctor, any physician can sign the Re-Certification form as long as you have the original physical available for the physician to review. Therefore, if you DO NOT have the original physical, you need to see the original doctor.  
  
A completed recertification form must be returned on Tuesday, November 12, 2019 or your child **will not** be able to participate. We will be collecting **ALL** forms after school in the Athletic Office.

**New Sports Physical (PIAA CIPPE Form) Required:**  
A new sports physical is required if your child has not had one this school year (after June 1st).  Parents and students need to complete the required PIAA Comprehensive Initial Pre-Participation Evaluation Form (CIPPE Sections 1-6) **AND** the Notre Dame High School required paperwork (Athletic Code, Permission to Treat and Emergency Card). These forms can be found on our school web site under the Athletics tab – under Resources. We will be collecting ALL forms after school in the Athletic Office on Tuesday, November 12th.

\*\*\*If you are in need of a physical, you can go to any St. Luke’s Care Now walk in and let them know you are a student at Notre Dame High School, a St. Luke’s affiliated school, and receive a physical for $25.

Please adhere to the above instructions. If there are any questions, please contact Ms. Amy Rogers, Athletic Director at [athletics@ndcrusaders.org](mailto:athletics@ndcrusaders.org) or 610-868-1431 ext. 118.